
At Villa Pi Blau

Yoga Retreat & Constellation

"De l'ombre à la Lumière"

With Julie & Carmen

May
26–29

Info & booking

Carmen@villapiblau.com
accueil.jgoudard@gmail.com



Program

On Friday

From 6pm: Welcome

8.30pm: Dinner

9.30pm: Introduction

On Saturday & Sunday

8-10am: Yoga

10.30: Brunch

12-2pm: Free time

2-6.30pm: Workshop with Julie

7-8pm: Yoga

8.30: Dinner

On Monday:

8-11am: Yoga & closing workshop

11.30: Brunch

Free time and departure

3 days all included: 530€

If you have any financial issue, don't
hesitate to contact us.



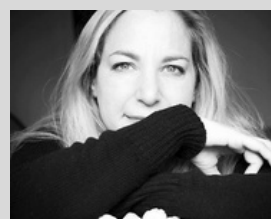


De L'Ombre A La Lumière

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Carmen, Hatha yoga and Yoga
 Nidra teacher
www.yogaastha.org



Julie: Psychoteparist and
 Systemic Constellations
www.juliegoudard.com